

Save the date for our back-to-aerial-school OPEN HOUSE on Saturday Aug. 10th, 2019, 10:00AM - NOON.
Free and open to the public.

YOUTH PROGRAM FALL 2019 (TENTATIVE) SCHEDULE

Please keep the following in mind as you look through our class offerings:

--Please pay close attention to the AGES. Any ages outside of what is listed must gain instructor approval before joining.
-- We recommend that students do their best to take multiple disciplines. Even if Fabric is your favorite, don't skip Trapeze class if you can make it (and vice versa). The skills of one apparatus help to compliment the skills of another. We see the most success with students who come multiple days throughout the week. The more class you come to, the stronger you'll get!

The classes in blue are performance courses, which means that the student...

- (1) must be a returning student who is at an intermediate level or above.
- (2) is typically taking two or more classes/week to grow their skills as a well-rounded aerialist.
- (3) will be creating group pieces to show at either the end-of-semester youth recitals or our pre-professional shows.

*All the following information is subject to change at any time based on student interest, etc.
Please see the class calendar at www.aerialworkscastle.com for the most up-to-date information.*

Mondays

4:30 PM Kids Sling (Ages 8-11)

Great for beginning or continuing Level 1 sling students. Students will work mostly with sling, but get exposed to a variety of apparatuses. Recital piece in December & May.

4:30 PM Tweens & Teens Hoop & Trapeze (Ages 11-18)

Great for beginning or continuing Level 1 students. Classes will alternate between hoop and trapeze.

5:30 PM Tweens & Teens Aerial (Ages 11-18)

This is a mixed apparatus class. Each week focuses on a different apparatus.

5:30 PM Sling Performance (Intermediate Students Ages 10-18)

This is a good class for students who have had 1-2 years of sling already. Students will work on new techniques at the beginning of each semester and then put together pieces as a group to perform.

Tuesdays

4:30 PM Beginning Trapeze (Ages 11-Adult)

Great for beginning or continuing Level 1 students. Learn on growing your knowledge of trapeze skills.

4:30 PM Hoop Performance (Ages 11-Adult)

This hoop class is for Level 2 and above. Must have instructor approval to join. Students will work on technique at the beginning of each semester and then put those skills into performance pieces for Dec & May.

5:30 PM Fabric Performance (Ages 11-Adult)

Must be able to climb and invert. Concurrent enrollment in trapeze/hoop the hour before this is required. This helps to maintain grip balance and provide balanced conditioning training for aerial. Students will work on solo or group pieces to perform at the end of the year (May).

6:30 PM Solo & Duet Performance (Ages 11-Adult)

Must be Level 3 or above. Must have completed at least one year of aerial. We accept 3 solos or duets each session for semi-private coaching to amazing acts. Students are selected from this group to perform in our pre-professional shows.

Wednesdays

1:30 PM Kids Aerial (Ages 8-12)

Great class for new students. Kids will work mostly with sling, and occasionally work on fabric, trapeze, hoop, etc. Will typically perform in recitals in Dec & May.

4:30 PM Kids Sling (Ages 8-11)

Great for beginning or continuing Level 1 sling students. Students will work mostly with sling, but get exposed to a variety of apparatuses. Recital piece in December & May.

4:30 PM Beginning Fabric (Ages 10-adult)

Students must be able to climb and invert to enter this class. Students will work towards performing in the recital in May.
Note: Students in this class may be younger than 10 if the parent attends class as well.

5:30 PM Teen Sling & Fabric (Ages 13-18)

Great for beginning or continuing Level 1 students. See how sling and fabric complement one another as you alternate

between the two. Learn how to climb and footlock. Work on building new strength and skills as you make new friends!

5:30 PM Advanced Trapeze Performance (Ages 11-Adult)

Must be at Level 3 or above and have instructor approval to join. Students will work on skills first, and then, when ready, will put together a performance piece.

Thursdays

4:30 PM Kids Mixed Apparatus (Ages 8-11)

Perfect for those wanting to get a taste of all things aerial. Each week will focus on a different apparatus such as sling, trapeze, hoop and fabric.

4:30 PM Straps (Ages 10-Adult)

One of the hardest classes at the studio! Students must have at least two years of aerial experience AND be at a Level 3 or 4.

5:30 PM Tweens & Teens Aerial (Ages 11-18)

This is a mixed apparatus class. Each week focuses on a different apparatus.

5:30 PM Advanced Sling Performance (Ages 11-Adult)

Must be at Level 3 or above and have instructor approval to join. Students will work on skills first, and then, when ready, will put together a performance piece.

PRICING for Classes

Plan 1 -- 1 Class/Week	\$89/month
Plan 2 -- 2 Classes/Week	\$159/month
Plan 3 -- 3 Classes/Week	\$229/month
Unlimited Performance Plan (4+ Classes/Week)	\$319/month

About Our **Performance Plan**

Our Performance Plan is perfect for young performers who are ready to shine! We will customize your training schedule to fit your needs. You will be enrolled in a solo-duet course that allows you to work on a performance piece that will either be showcased in a youth recital or one of our pre-professional shows. This plan will include a wide variety of training in multiple disciplines throughout the week. Students on this plan progress fast! We highly recommend it to anyone who is serious about mastering the art of aerial.

Private Lessons

Private Lessons are always an option! A great way to get the attention you need to refine your skills. Sometimes, they are helpful just to get caught up. Schedule them as needed throughout the year, or set up an on-going private lesson. You can also schedule semi-private lessons to lower the cost of the lesson per person.

Private Lessons Pricing

\$85/hour for one person | \$320 for 4 private lessons | \$600 for 8 private lessons
\$50/person/hour for 2 people | \$180/person for 4 semi-private lessons for 2 people
\$40/person/hour for 3-4 people

More than 4 is a party and we do those too! Contact us for rates, available dates, etc.