

Aerial Nerd Conference Schedule 2020

WEEKEND 1

Thursday, Oct 1, 2020

10:30am - 11:30am | FREE "What the heck is Aerial Taxonomy?" ONLINE Only by Rebekah Leach
12:30pm - 2:30pm | Sling Taxonomy 101: Base Wraps of Sling ONLINE/In-person by Rebekah Leach
5:00pm - 6:30pm | Fabric Taxonomy 101: Base Wraps of Fabric ONLINE Only by Rebekah Leach
7pm - 9pm | Conceptual Choreography (Double Tabbed Hoop) ONLINE Only by Dream Frohe

Friday, Oct 2, 2020

10am - 12pm | Sling Taxonomy 102: Actions of Sling ONLINE/In-person by Rebekah Leach
12:30pm - 2:30pm | Sling Taxonomy 103: Seatbelt Theory ONLINE/In-person by Rebekah Leach
6pm - 8pm | Fabric Taxonomy 102: Actions of Fabric ONLINE/In-person by Rebekah Leach

Saturday, Oct 3, 2020

10am - 12pm | Sling Taxonomy 104: Body Wrap Theory ONLINE/In-person by Rebekah Leach
12:30pm - 2:30pm | Fabric Taxonomy 103: Hitch Theory ONLINE/In-person by Rebekah Leach
3pm - 5pm | Non-Stop Hip Hops! ONLINE/In-Studio by Molly Graves
5:30pm - 7pm | Theory Jam -- All Conference Participants welcome for free. Share what you learned over the course of the event and work out some fun aerial mad libs together. This event is ONLINE with the option to use the local studio to participate.

WEEKEND 2

Thursday, Oct 8, 2020

10:30am - 11:30am | FREE "Creating the Mindset Geared for Theory" ONLINE Only by Rebekah Leach
12:30pm - 2:30pm | Fabric (& Sling) Taxonomy 201: Crossings Theory ONLINE/In-person by Rebekah Leach
5pm - 6:30pm | Sling Taxonomy 200: Two Half-Worlds of Sling ONLINE Only by Rebekah Leach
7pm - 9pm | Aerial Inversion Clinic ONLINE Only by Michele Frances

Friday, Oct 9, 2020

10am - 12pm | Fabric Taxonomy 203: Slicing & Swapping Theory ONLINE/In-Person by Rebekah Leach
12:30pm - 2:30pm | Creative Hoop Sequences ONLINE/In-Person by Sofia Rodriguez
6pm - 8pm | Sling Taxonomy 202: Two-Way Property of Sling ONLINE/In-Person by Rebekah Leach

Saturday, Oct 10, 2020

10am - 12pm | Functional Aerial Anatomy ONLINE ONLY by Michele Frances
12:30pm - 2:30pm | Spice Up Your Quality of Movement ONLINE/In-Studio by Dream Frohe
3pm - 5pm | Slack Drag Fever! ONLINE/In-Studio by Molly Graves
5:30pm - 7pm | Theory Jam -- All Conference Participants welcome for free. Work on some brain teasers or aerial puzzles. You'll never know what'll happen! This event is ONLINE with the option to use the local studio to participate.

Please visit www.aerialworkscstlerock.com for more information.